

AKA: 2C-B, 2C-I, 2C-E, 2C-C, 2C-D, 2C-P, 2C-T-7 (+MORE), TRIPSTASY, BEES, TUCY, NEXUS, BROMO.

A vibrant illustration of a man with dark skin, wearing a bright orange tank top, light blue pants, and purple sneakers. He is wearing yellow sunglasses and has a joyful expression, with his right arm raised and holding a black musical note. The background is a solid green color, and it is scattered with various musical notes in black and yellow. The large, bold, yellow text '2C-X' is superimposed over the lower half of the illustration.

# 2C-X

This resource is produced by Hi-Ground

In an unregulated market it's impossible to know the purity or dose of any substance, educate yourself and practice harm reduction to reduce this risk.

For more information visit:

[www.hi-ground.org](http://www.hi-ground.org)

Hi-Ground is a program of QuIVAA

**Hi-Ground**

2C-x is the general name for the family of psychedelic phenethylamines originally studied by Alexander Shulgin in the 1970s. Shulgin first synthesized most of the 2C-x chemicals and coined the term 2C, being an acronym for the 2 carbon atoms between the benzene ring and the amino group. The 2C-x chemicals vary in duration and effect from being totally inactive to fully psychedelic. Some of the most popular members of this group include 2C-B, 2C-E, and 2C-I. 2CB is a psychedelic stimulant and considered both a hallucinogen (similar to LSD) and a mild entactogen (similar to MDMA). 2C-B and the other 2Cs are usually sold as a white powder in baggies or gel caps, but are sometimes pressed into tablets resembling ecstasy tablets.

**Compound:** 4-bromo-2,5-dimethoxyphenethylamine (2C-B), 2,5-dimethoxy-4-iodophenethylamine (2C-I), 2,5-dimethoxy-4-ethylphenethylamine (2C-E) + More

## ADMINISTRATION

Most commonly swallowed but can also be snorted or shelved/plugged

## DURATION OF EFFECTS

Duration can vary greatly between members of the 2C-x family and by chosen route of administration

### 2C-B (SWALLOWED)

<b>TOTAL</b>	5-7HRS
<b>ONSET</b>	20-40MINS
<b>PEAK</b>	60-90MINS
<b>COME DOWN</b>	2-3.5HRS
<b>AFTER EFFECTS</b>	2-4HRS

### 2C-I & 2C-E (SWALLOWED)

<b>TOTAL</b>	6-10HRS
<b>ONSET</b>	15-45MINS
<b>PEAK</b>	3.5HRS
<b>COME DOWN</b>	2-3HRS
<b>AFTER EFFECTS</b>	6-24HRS

## EFFECTS

2C-x substances like 2C-B, 2C-E, and 2C-I all have varying psychedelic and entactogenic effects and durations.

## MOST COMMON EFFECTS

Strong visual hallucinations, Kaleidoscopic colours, Powerful rushing of sensations, Auditory hallucinations or buzzing sounds, Radical shift in perspective, Profound life changing spiritual experiences, Increased heart rate and blood pressure, Exacerbate existing mental illness, Distorted perception of time, Dry mouth, Jaw clenching and teeth grinding, Pupil dilation, Decreased appetite, Euphoria, Increased empathy.

## LESS COMMON EFFECTS

Slight stomach discomfort, Difficulty integrating experiences, Lethargy (feeling heavy), Unusual body sensations (chills, goosebumps, tingling), Increased awareness and appreciation of music, Feeling of oneness with the universe and all beings within it, Insomnia, Nausea/vomiting, Confusion

## RARE EFFECTS

Psychosis or psychotic episode, Paranoia, fear and panic, Anxiety, Overwhelming fear, Temporary inability to communicate, Reduced connection to ego (ego death)

## POSSIBLE LONG-TERM EFFECTS

Psychedelic drugs may accelerate the onset of schizophrenia and other mental health issues if you are genetically predisposed.

## DRUG TESTS

**Roadside Police:** Roadside saliva tests do not look for 2C-x but other substances can be detected that might have been cut into your 2C-x (Such as MDMA/amphetamines). It is illegal to drive under the influence of any illicit drugs, including 2C-x and any driver may be subject to a roadside behavioural impairment test. Wait at least 24 hours before driving.



## SAFER USING

It is always recommended to start at a low dose and to wait before redosing recreational drugs (start low and go slow).

The strength of a dose of a recreational drug depends on various factors including body weight and metabolism, meaning some people require a smaller dose than others.

The effects of 2C-B can take up to 90 minutes to kick in, so it is important to wait for the full effects to come on before deciding whether to redose.

Be aware of the dose-dependent nature of the effects, e.g. at a lower dose, 2C-B is more entactogenic (so you feel a little more affectionate and warm) and at higher doses, users report strong visual hallucinations.

### The following is a rough dosage guide for 2C-B:

LOW DOSE – 5-15 mg  
 MODERATE DOSE – 5-25 mg  
 STRONG DOSE – 25-40 mg  
 HEAVY, POSSIBLE OVERDOSE – 40+ mg

### The following is a rough dosage guide for 2C-I:

LOW DOSE - 5 - 10mg  
 MODERATE DOSE – 10 - 20mg  
 STRONG DOSE – 20 - 30mg  
 HEAVY, POSSIBLE OVERDOSE – 30+ mg

### The following is a rough dosage guide for 2C-E:

LOW DOSE - 5 - 10mg  
 MODERATE DOSE – 10 - 15mg  
 STRONG DOSE – 15 - 30mg  
 HEAVY, POSSIBLE OVERDOSE – 30+ mg